

Drop the Pop
2009-2010 School Survey

Please take a few minutes to tell us about *Drop the Pop* in your school. Your answers to the following questions will be used to inform the ongoing and future improvement of the *Drop the Pop*. Your answers will be kept confidential – neither your name nor the name of your school will be included in any report. Please return the completed survey **before Friday, March 5th**.

Thank you for taking the time to complete this survey!

1. How long has your school participated in *Drop the Pop*? (Check **one** response only)
- | | |
|--|-------------------------------------|
| <input type="checkbox"/> This is the first year (2010) | <input type="checkbox"/> Five years |
| <input type="checkbox"/> Two years | <input type="checkbox"/> Six years |
| <input type="checkbox"/> Three years | <input type="checkbox"/> Not sure |
| <input type="checkbox"/> Four years | |
- 2.a) Which of the following *Drop the Pop* materials or resources did your school use this year? (Check all responses that apply)
- | | |
|---|--|
| <input type="checkbox"/> Posters | <input type="checkbox"/> Brochure, etc. |
| <input type="checkbox"/> Teaching manual/learning units/guidebook | <input type="checkbox"/> Participation prizes/incentives/coupons |
| <input type="checkbox"/> Education kit/package | <input type="checkbox"/> <i>Drop the Pop</i> website |
| <input type="checkbox"/> Other (Please describe) | |
- _____
- _____
- b) Which of these materials did you find **most** useful?
- _____
- _____
- c) What other materials or resources do you need to run a successful project? (Please list)
- _____
- _____
- _____
- 3.a) Was there anything or anyone that helped make it easier for you to run your project this year? (If yes, please list)
- _____
- _____
- _____

b) Was there anything that made it difficult for you to implement *Drop the Pop*? (Check all responses that apply)

- | | |
|--|---|
| <input type="checkbox"/> No, it was easy to run | <input type="checkbox"/> Lack of student interest |
| <input type="checkbox"/> Lack of funding | <input type="checkbox"/> Not enough time |
| <input type="checkbox"/> Lack of other resources | <input type="checkbox"/> Too many other commitments |
| <input type="checkbox"/> Lack of school/teacher interest | |
| <input type="checkbox"/> Other (Please describe) | |

4.a) Do you think the students brought healthier beverages and foods to school during the project?

- Yes No (*Go to Question #5*)

b) If yes, what types of healthy beverages and foods did they eat at school?

5. In your opinion, has the awareness of the importance of healthy eating and lifestyle choices increased among your school's administration and staff as a result of *Drop the Pop*?

- Yes No

6. As a result of *Drop the Pop*, what changes has your school made related to healthy eating and lifestyle choices? (Check all responses that apply)

- School developed a formal, written food policy
- Healthy foods and beverages sold in school (e.g., canteen, vending machines)
- Healthy foods/beverages sold at school functions (e.g., dances, tournaments)
- Healthy foods used as fundraisers
- School staff model healthy food choices while at school
- There haven't been any changes
- Other (Please describe)

7.a) Which of the following groups, businesses, and/or individuals supported *Drop the Pop* project this year? (Check all responses that apply)

- | | |
|--|--|
| <input type="checkbox"/> Local grocery store | <input type="checkbox"/> CHR |
| <input type="checkbox"/> Band/hamlet office | <input type="checkbox"/> Elders |
| <input type="checkbox"/> Dental Therapist | <input type="checkbox"/> Parents |
| <input type="checkbox"/> Nutritionist | <input type="checkbox"/> Breakfast program |
| <input type="checkbox"/> Health centre | |
| <input type="checkbox"/> Other (Please list) | |

b) In what way(s) did they contribute to your school's project? (Check all responses that apply)

- Provided funding
- Provided prizes
- Provided coupons for a healthy drink/snack
- Provided information about traditional/country foods
- Helped promote/support the project
- Other (Please describe)

c) Which of these contributions do you feel was the *most* important to running your school's project and why?

8. What suggestions do you have for changing or improving *Drop the Pop*?
